

2018 Run Woodstock Event Waiver and Release of Liability

In order to pick up your bib, waivers must be turned in and signed September 7 or September 8 at check in. An individual starting the event without turning in a signed waiver is disqualified.

Run Woodstock includes 5k (fun run), 10k (fun run), 5 mile (fun run) and timed events Ultra 100 Mile, Ultra 100k, Ultra 50 Miles, Ultra 50 KM, 26.2 Mile Marathon, 13.1 Mile Half-Marathon and 5 Mile. Additional activities include Yoga, Hippie Hike, Hula Hooping and Natural Runs. I want to participate in Run Woodstock September 7th – 9th, 2018. I realize that my participation in this event entails the risk of injury or even death. I further understand that it would be prohibitively expensive for the race organizers to carry insurance to cover all that might happen in this event, and that if I insisted that all the risks to me be covered, the race would have to be cancelled. I want the race to go on, and therefore sign this waiver to induce the organizers to stage Run Woodstock.

Race conditions: I realize that the course for Run Woodstock presents a number of potential dangers to me and I hereby assume the risk arising from all of them. I realize that I will be running on a variety of surfaces, some of them far less than perfect, including but not limited to roads, unimproved trails, mud, swamps, cliffs, and lumpy fields covered with waist high grass. The roads are open to motor vehicle traffic that has the right of way. I know that broken bones, reactions to poison ivy, insect bites and bruising are common occurrences in this extreme event and that I will be far into the wilderness away from medical support. I realize that the danger of injury and even death exists as well and I hereby assume all the risks that may be present on the Run Woodstock course. I understand that the events take place in the dark of night and the heat of day on natural surfaces on and off trails with minimal marking and on very uneven, slippery surfaces with rocks, roots and mud and that it is my responsibility to proceed with caution at a pace that is safe and that it is my responsibility to follow the markings and to be prepared with the proper equipment needed to survive.

My physical condition: I realize Run Woodstock is a strenuous athletic event. I certify that I have no physical or medical condition which would interfere with my participation in Run Woodstock and that I have trained adequately for this race.

My duty during the race: I realize that I have the sole and ultimate responsibility for my own safety during Run Woodstock and that if I see a situation/condition which presents risk of injury to me, I will avoid the situation/condition or immediately withdraw from the race.

Waiver of liability: I hereby waive for myself, my heirs, executors, and all other successors of interest any and all rights and claims which I may now have or hereafter accrue against the organizers and sponsors of this event, against all other entities and people who may issue permits for or help with this event, and against all property owners of land which Run Woodstock course may pass. I make this waiver for all the rights and claims that have been specifically referred above, and for all others which might not be specifically named.

Binding Contract: I agree and intend that the above recitations are contractually binding and if I or my successors assert a claim in contravention of this agreement, I or my successors shall be liable for the expenses (including all legal fees) incurred by the other party in defending. I further agree that this contract can be modified only in writing.

Under 18: As a parent or guardian of the above named minor, I hereby certify that I have read all the above document, that I give my permission for my child or ward to participate in Run Woodstock and that I agree on behalf of myself and my child/ward to the terms of this document.

(SIGNATURES REQUIRED ON OTHER SIDE)

BIB# _____

DURING THE RACE:

DROPPING OUT/DNF: If you DNF, you **MUST** let the aid station know you DNF and that you are pulling yourself from the race. Even **BETTER...** get a ride back to the start/finish and let the aid station at the start/finish know. **BEST WAY** to do that is to give them the bottom tab off your race bib. As you can imagine, it gets very time consuming, worrisome and expensive to send out a search crew to look for you... only to find out you're at home sipping a latte and reading a book...

AID-STATION CHECK-IN: 100 Mile Ultra, 100 KM Ultra, 50 Mile Ultra, and 50 KM Ultra Runners must show their race number at each aid station and make sure someone notes it.

Please carry a cell phone if at all possible, you don't even have to have it turned on! Just for emergencies. Call 248-202-7634 or 911.

COURSE MARKING: Run Woodstock comprises 9 different events being held concurrently in Hell Creek Ranch on September 7th – 9th 2018. It is each individual runner's responsibility to understand how their course is marked and to follow the correct course for their event. Failure to follow the correct course will result in disqualification.

SIGNATURES

RUNNER NAME: _____

SIGNATURE (Parent Signature if Runner under 18): _____

EMERGENCY CONTACT (YOU MUST PROVIDE!): _____

PHONE # _____

VEHICLE YEAR/MAKE/MODEL: _____

LICENSE PLATE (STATE & #): _____

CIRCLE ONE: CAMPING AT HELL CREEK RANCH: FRIDAY SATURDAY BOTH

CIRCLE ONE: ALONE AT THE EVENT **OR** WITH FAMILY/FRIENDS

IF WITH FAMILY/FRIENDS PLEASE PROVIDE THEIR NAME _____

CELL # _____